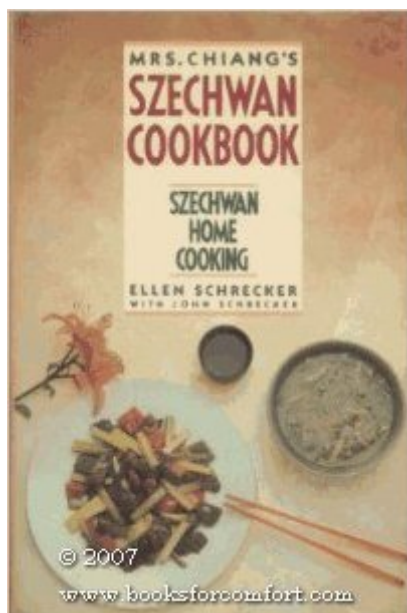


The book was found

Mrs. Chiang's Szechwan Cookbook: Szechwan Home Cooking



Synopsis

The book was the result of Ellen and John Schrecker studying Chinese culture in Taiwan, during which they met Mrs. Chiang Jung-feng, a superb Chinese Szechwan cook. The tastes and textures of her dishes were always clear and bright. She was a master of the "zhen wer" or true taste; the result of continual care, attention to detail and practice. Subsequently, Mrs. Chiang came home with them to New Jersey. Szechwan cooking is a highly spiced, yet subtle cuisine. Although the recipes in the book are considered peasant food - good hearty home cooking - even the poorest peasants eat extraordinary food, giving them the nickname of "good-eating devils." The book contains Chiang Jung-feng's childhood memories of her mother's fragrant Szechwan kitchen that evoke the spirit as well as the taste of home cooking. Her mother was a superlative cook who understood very well that her daughter's fortune depended on her skill in the kitchen and taught her well. The hundreds of recipes were by Chiang Jung-feng and tested in the Schrecker New Jersey kitchen.

Book Information

Hardcover: 359 pages

Publisher: Harper & Row; 1st edition (March 1987)

Language: English

ISBN-10: 006015828X

ISBN-13: 978-0060158286

Product Dimensions: 9.3 x 6.5 x 1.4 inches

Shipping Weight: 3.3 pounds

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (56 customer reviews)

Best Sellers Rank: #72,889 in Books (See Top 100 in Books) #24 in [Books > Cookbooks, Food & Wine > Asian Cooking > Chinese](#) #935 in [Books > Cookbooks, Food & Wine > Regional & International](#)

Customer Reviews

I am ethnic Chinese, but we grew up on spaghetti and tacos. My only memories of home-cooked Chinese food were the two years my grandmother lived with us when I was a teen. Nevertheless, she set the standard for me in the area of Chinese home cooking. I bought this book when I graduated from college 27 years go, my first cookbook and one of the first non-textbooks I bought--at full price, no less. It was a big investment for someone neck-deep in student loans, but I knew enough to recognize authenticity when I saw it. I literally learned to cook Chinese food using Mrs. Chiang's book. The recipes turn out dishes that taste just like my grandmother's did. I have

since bought many other books on Chinese cooking, but none have been as reliable or authentic as Mrs. Chiang's. The only thing I alter is the amount of oil called for.

I bought this book 20 years ago, and many Chinese cookbooks later, am here to advise you that this is the best Chinese cookbook ever! When I started cooking from this book, I stopped eating out at Chinese restaurants because the food I could produce at home was so much better. Cooking techniques are described in exacting detail. You simply cannot go wrong if you make a reasonable effort to follow the recipes.

I bought this book when it first came out in 1976...it is simply the best cookbook of its kind ! Whether you are a novice or an expert in "szechwan cooking"...this book has something for you. The "Grand Duke Chicken" is food for the God's...I added green beans to her wonderful "red cooked shrimp". Want a dish that has the delicate flavor of butter (but no butter) try the "Shrimp with ginger and wine" * if you can get fresh crawfish tails it will be even better !

I bought Mrs. Chiang's Szechuan Cookbook when it first came out. It immediately became and remains my favorite Chinese cookbook. In fact, I have used it so much that I have worn it out! I take good care of my books, but years of kitchen use have put numerous stains on the pages and have broken the binding, never mind the total destruction of the dust cover! I have given this book as gifts to several friends who have enjoyed my Chinese meals (based on this book), and they are using it too. You can also get Szechuan Home Cooking. It is just a later edition of the same book, and the only changes are in the introductory material. Do yourself a favor and get this fabulous book before it disappears forever. By the way, I finally replaced my worn-out copy, but have kept the old one stored sentimentally alongside--it's full of notes, like "excellent recipe", "Marc [husband] raves", "fabulous and easy."

I adore Chinese food and have had a great deal of on-the-spot experience with all regions of Chinese cuisine. Szechuan (Szechwan, Sichuan), is a landlocked province in Western China that has some of the most distinctive food in China (and also the most poorly represented in US Chinese Restaurants, slightly less so in the UK). There are (to my knowledge) three authentic Szechuan cookbooks available in English: Mrs. Chiang's Szechwan Cookbook, The Good Food of Szechwan (by Robert Delfs), and more recently Fuchsia Dunlop's Land of Plenty. All three are excellent. Mrs. Chiang's, despite its age, is (as one reviewer already mentioned) the Szechuan equivalent of Julia

Child's Mastering the Art.... There is nothing she neglects to address, and her recipes are foolproof! You think you like Szechuan food now? After cooking from this book, you'll become addicted! For those who really want to get steeped in Szechuan's cuisine, I recommend getting all the three cookbooks mentioned above. The Robert Delfs book (The Good Food of Szechwan) is not the easiest to find, but I've been cooking from it for 30 years or so and everything has turned out wonderfully. The Dunlop book, too, is very authentic, very thorough and I definitely recommend it as well. My only caveat regarding Land of Plenty is, like most contemporary cookbooks, it's a bit too 'scientific' for my taste. Cooking is a lively art and the general tendency is to make cookbooks too scientific. I'm not by any means against detailed recipes, even some hand-holding, but I don't want to know so much of the 'why', I'd rather know what to look for and when. But that's a personal quibble. Buy all three of these Szechuan cookbooks and you'll be very happy indeed.

We've been cooking Chinese food one to five times per week for 25 years, and most of it according to Mrs. Chiang. The first copy fell apart from use. I will miss the easy opening to favorite dishes and the memorabe stains, but enough is enough. We have about 30 Chinese cookbooks and use all of them from time to time but Mrs. Chiang's cookbook has staying power, helpful hints, reliable recipies, and a wide range of cooking styles.

Mrs. Chiang tells a brief story from her childhood on a Szechwan farm about each one of the recipes, recounting how her mother prepared it. Without exception, single dish I have tried from this book has been excellent. Includes well-written "how to" info on many techniques.

[Download to continue reading...](#)

Mrs. Chiang's Szechwan Cookbook: Szechwan Home Cooking Mrs. Chiang's Szechwan Cookbook
Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One!
(Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy
snacks, deserts) Easy Hawaiian Cookbook: Authentic Tropical Cooking (Hawaiian Cookbook,
Hawaiian Recipes, Hawaiian Cooking, Tropical Cooking, Tropical Recipes, Tropical Cookbook Book
1) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two
Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) Chinese Cooking: No Wok Takeout! 80
Amazingly Delicious 3 Steps Or Less Chinese Recipes Revealed (Chinese Cookbook, Cooking For
One) (cookbook for beginners, ... meals cookbook, easy meals for one 2) Easy Irish Cookbook (Irish
Cookbook, Irish Recipes, Irish Cooking, Scottish Recipes, Scottish Cooking, Scottish Cookbook 1)
Easy Portuguese Cookbook: 50 Authentic Portuguese and Brazilian Recipes (Portuguese

Cookbook, Portuguese Recipes, Portuguese Cooking, Brazilian Cookbook, Brazilian Recipes, Brazilian Cooking Book 1) Feng Shui: Wellness and Peace- Interior Design, Home Decorating and Home Design (peace, home design, feng shui, home, design, home decor, prosperity) Home Security: Top 10 Home Security Strategies to Protect Your House and Family Against Criminals and Break-ins (home security monitor, home security system diy, secure home network) The Good Person of Szechwan: Der gute Mensch von Sezuan (Modern Classics) The Microwave Gourmet Cookbook!: Quick and Easy Microwave Cooking Recipes that will Blow your Mind! (Fast, Quick, and Easy Cooking Recipes and Cooking Tips! Book 1) Slow Cooking - Top 500 Slow Cooking Recipes Cookbook (Slow Cooker, Slow Cooker Recipes, Slow Cooking, Meals, Slow Cooker Chicken Recipes, Crock Pot, Instant Pot, Pressure Cooker, Vegan, Paleo) 2250 Pressure Cooker, Crock Pot, Instant Pot and Slow Cooking Recipes Cookbook: (Crock-Pot Meals, Instant Pot Cookbook, Slow Cooker, Pressure Cooker Recipes, Slow Cooking, Paleo, Vegan, Healthy) PRESSURE COOKER: The Ultimate Cookbook for Easy and Delicious Recipes (Pressure cooker cookbook, pressure cooking, easy meals, soups, electric pressure cooking) Easy Canadian Cookbook: Authentic Canadian Cooking (Canada, Canadian Recipes, Canadian Cookbook, Canadian Cooking, Canadian Food Book 1) Southern Cooking Cookbooks: southern cooking recipes Collection Of the Best, Healthy, Delicious And Recommended Soul Food Cookbook (soul food for diabetes, Southern Cookbook): Best Fried Chicken SOUTHERN COOKBOOK: Southern Cooking Bible: Smokin' Tasty And Authentic Southern Recipes (southern cooking, southern recipes, southern cookbook) Gardening: Air-Cleaning House Plants to Purify Your Home - DIY Home, Home Gardening & Indoor Gardening (Healthy Home, Gardening for Beginners, Container ... Hacks, Healthier You, Outdoor Gardening) My Weird School Daze #1: Mrs. Dole Is Out of Control!

[Dmca](#)